

### **Kibworth Mead Academy Young Carers Policy Statement**

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<b>Last reviewed:</b>	January 2026
<b>Ratified by:</b>	Vice Principal
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<b>Review date:</b>	January 2027

The following policy statement has been devised to show what Kibworth Mead Academy has in place to identify Young Carers and to ensure they are supported and referred appropriately.

#### **Aim**

We aim to support our students, who care for someone in the home environment by identifying and recognising they are Carers and by raising awareness of the information, advice and support that is available to them.

#### **Outcomes**

- Carers to see that Kibworth Mead Academy is sensitive to their needs
- Carers to be offered health and wellbeing support, along with Carer information
- Carers to be offered a referral for further help and support through Young Carers and to know who they can contact within school if they have any questions or need help
- Carers are signposted for further support if and when needed
- Dedicated Young Carer Lead within school to offer support to Carers and their families

#### **Definition**

Carers are individuals, who provide support / care for a parent, sibling, relative, who is unable to manage on their own due to illness, disability, mental health, impairment, or substance misuse.

The term Carer in this policy statement refers to our students, who are supporting within the home environment only.

#### **Demographics**

The school provides year groups with a Head of Year and an Assistant Head of Year, with them supporting student welfare and wellbeing. The school has a designated Young Carer Lead, with support also provided by the SLT Lead and DSL. All support the wellbeing of our Young Carers.

#### **Interaction with Young Carers**

All students who join Kibworth Mead Academy are required to complete an admission form. The form has a data question for Young Carers joining the school. When a new student, or when a current student in the school community is identified as a carer, the designated Young Carer Lead will meet with them and contact parents.

All staff are made aware of our Young Carers within school and provided with regular updates. Noticeboards are provided for staff in the central kitchen area and a young carer board located near student reception.

If the Young Carer is not known to any service, then appropriate referrals are made, and support is offered via signposting further information.

Parents are contacted, so the Lead can introduce self, and support provided for the family if required.

Our Young Carer Policy Statement will be reviewed annually by the Lead and SLT Lead and will be discussed at team meetings for any amendments.

**Tracey Milligan, Young Carer Lead and Helena Sampson, Vice Principal, SLT Lead**