

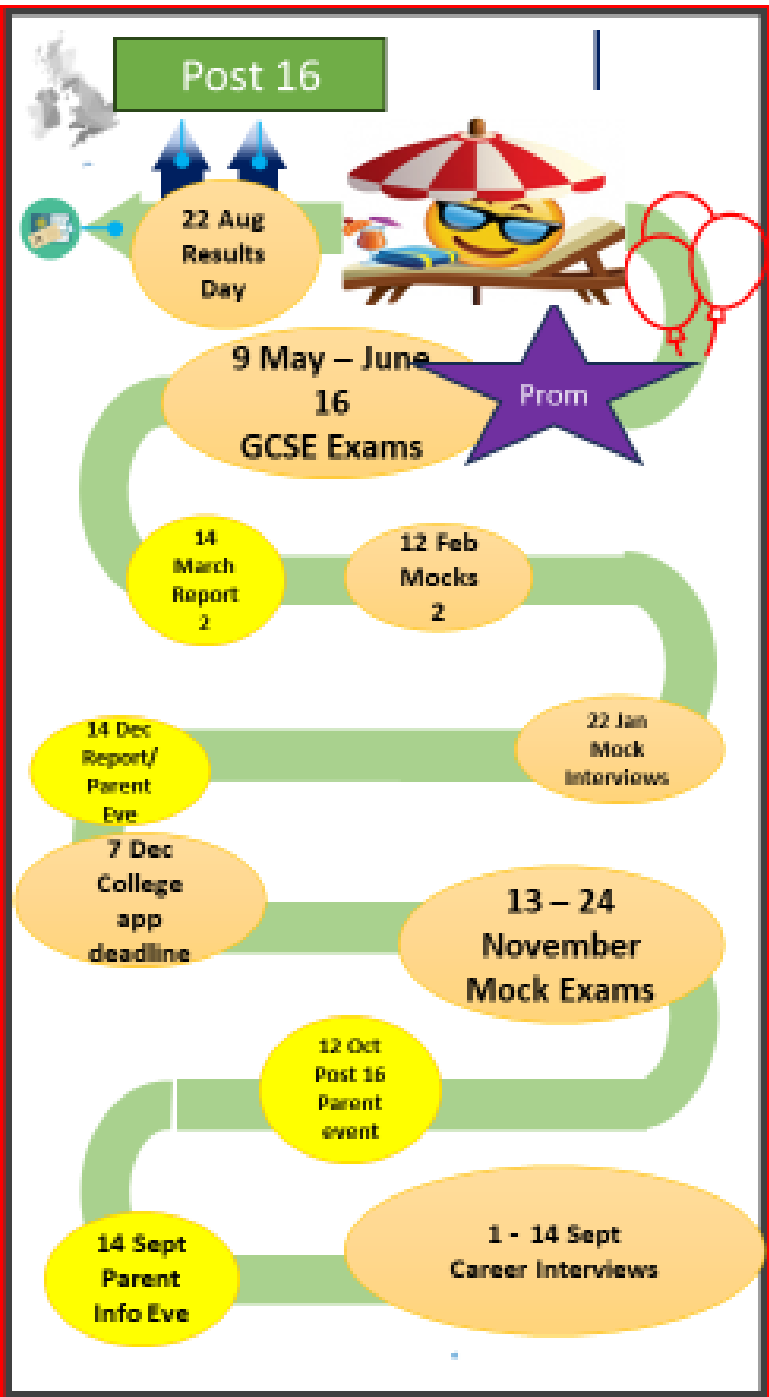
Year 11 Information Evening

September

Work Hard- Be Kind- Be Proud

Overview

1. Welcome to Year 11
2. Post 16 Process
3. Exams
4. Revision Strategies
5. Healthy Habits



Key Message to Y11



- The right balance of work, rest and play
- Have a plan
- Track the plan
- Evaluate the plan

HOW DOES YOUR ATTENDANCE IMPACT YOUR FUTURE?

Data released by the UK Department for Education shows that the lower your attendance the less likely you are to achieve in your GCSES.

100%

82%

Achieved 5 GCSES
grade 5+

(inc. Maths & English)

OVER 95%

77%

Achieved 5 GCSES
grade 5+

(inc. Maths & English)

92-93%

53%

Achieved 5 GCSES
grade 5+

(inc. Maths & English)

BELOW 90%

43%

Achieved 5 GCSES
grade 5+

(inc. Maths & English)

RESEARCH SHOWS THAT FOR EVERY 17 DAYS YOU MISS ACROSS YOUR SCHOOL CAREER, YOUR GCSE RESULTS GO DOWN BY 1 WHOLE GRADE!



ACHIEVING 5 OR
MORE GCSES AT
GRADE 5+ HAS
SHOWN TO INCREASE
YOUR LIFETIME
EARNINGS BY **41%**

There are
365 DAYS
in a year

175
are not spent
in school!

*That gives you plenty of time for holidays, TV, shopping and video games!

1 school year at **90%** attendance = **4**
whole weeks of lessons **MISSED!!!**

38 school weeks



Absent for 4 weeks



Be Proud: Make a good impression

The Post 16 process

Work Hard- Be Kind- Be Proud

Post 16 Key dates

1. Personal statements – starting this week, with tutors as a how to and then a lesson in English
2. Interviews with Cheryl – started, through to October
3. Post 16 fayre – Thursday 12th October
4. Post 16 Open Evenings – Sept - Nov
5. PS16 applications – 4th December onwards with Cheryl

Attendance is important

Attendance included in post 16 applications - Year 10 and Year 11

Keep attendance high

Students have been declined a place based on their attendance

Gone but not forgotten

Government requirement is that schools track the destinations of students for 3 years after their GCSEs.

We are still here to support you if you need us.

Work hard:
Be Organised

Exam dates: rehearsals, practice makes perfect

November mocks (sports hall)

- Monday 13th November to Friday 24th November
- Used to help inform predicted grades for colleges

February mocks (sports hall & in lessons)

- Monday 12th February
- Used to measure progress and give key things to focus on

Exam dates: The real thing

NEAs (coursework)

- Art
 - DT
 - Drama
 - Sports studies
 - PE
 - Music
-
- All will have deadlines that must be met to allow marking, moderation and submission to the exam board.

Exam dates: The real thing

Summer Exams

Language speaking: normally March/April

All others

Thursday 9th May to Friday 21st June TBC

(Don't book holidays until final timetable is released)

Be equipped and on time

- Black pen
- Pencil
- Ruler
- Scientific calculator
- Rubber
- Highlighter
- Protractor
- Pair of compasses
- Coloured pencils (design)



Be Proud:
Seek support to do well

Revision/Support Sessions in school

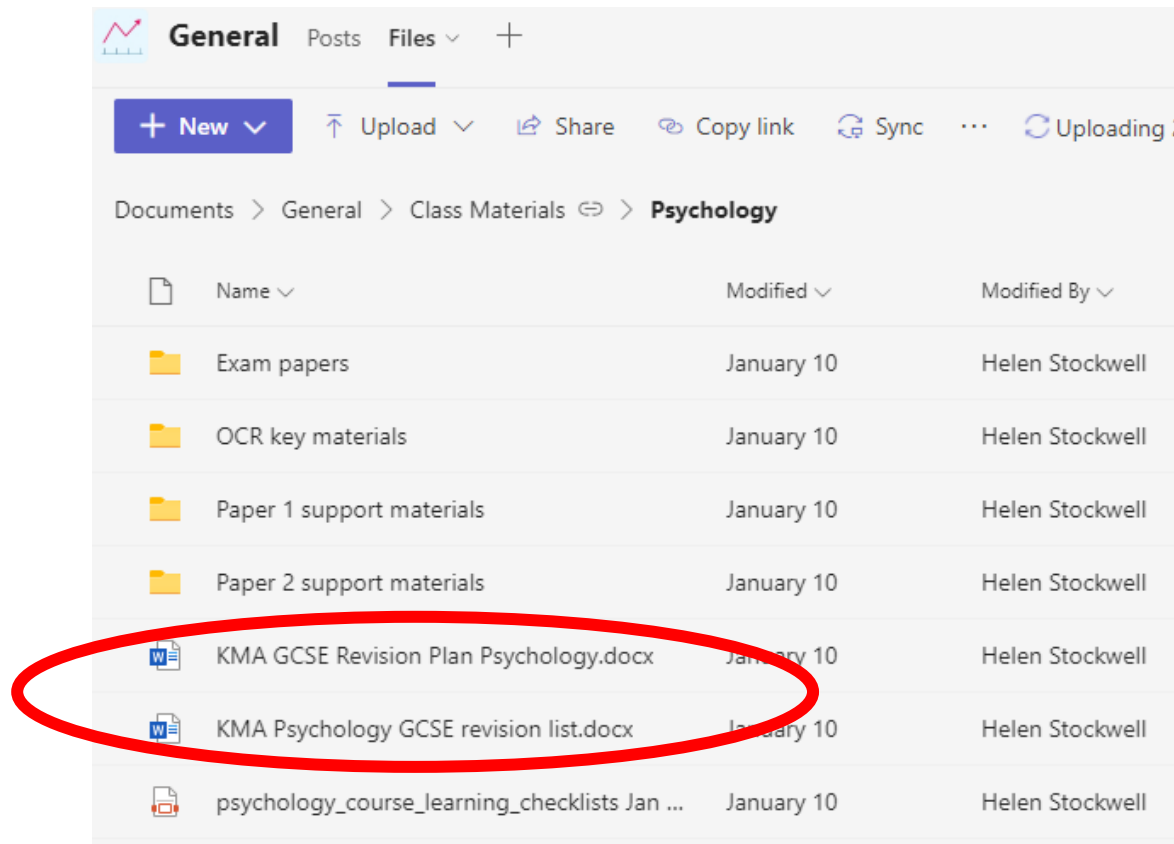
Lunchtime				
Monday	Tuesday	Wednesday	Thursday	Friday
	Maths			

After school				
Monday	Tuesday	Wednesday	Thursday	Friday
		Art	Economics	
	Business		HST:Psychology/ maths Oct onwards	
				Physics

Work hard: Revision resources

Microsoft Teams

Each subject has a folder.



Hyperlinks will take to external sites.

Work hard: Revision strategies

R



gies

ACE THAT TEST

A Student's Guide to Learning Better

Megan Sumeracki, Cynthia Nebel,
Carolina Kuepper-Tetzl
and Althea Need Kaminske

Illustrated by Karina Tiller

A David Fulton Book



Work Hard- Be Kind- Be Proud

Stages of exam preparation

1. Learn the content first time around
 - Attend lessons
 - Work hard
 - Ask questions when you are unsure

Stages of exam preparation

2. Gather the information you need to revise

- Exercise books or notes or revision guides or knowledge organisers.
- Use specification to check you have all the information
- Start early (Spaced practice)

<https://filestore.aqa.org.uk/resources/science/specifications/AQA-8464-SP-2016.PDF>

4.1.1.3 Cell specialisation

Content

Students should be able to, when provided with appropriate information, explain how the structure of different types of cell relate to their function in a tissue, an organ or organ system, or the whole organism.

Cells may be specialised to carry out a particular function:

- sperm cells, nerve cells and muscle cells in animals
- root hair cells, xylem and phloem cells in plants.

4.1.1.4 Cell differentiation

Content

Students should be able to explain the importance of cell differentiation.

As an organism develops, cells differentiate to form different types of cells.

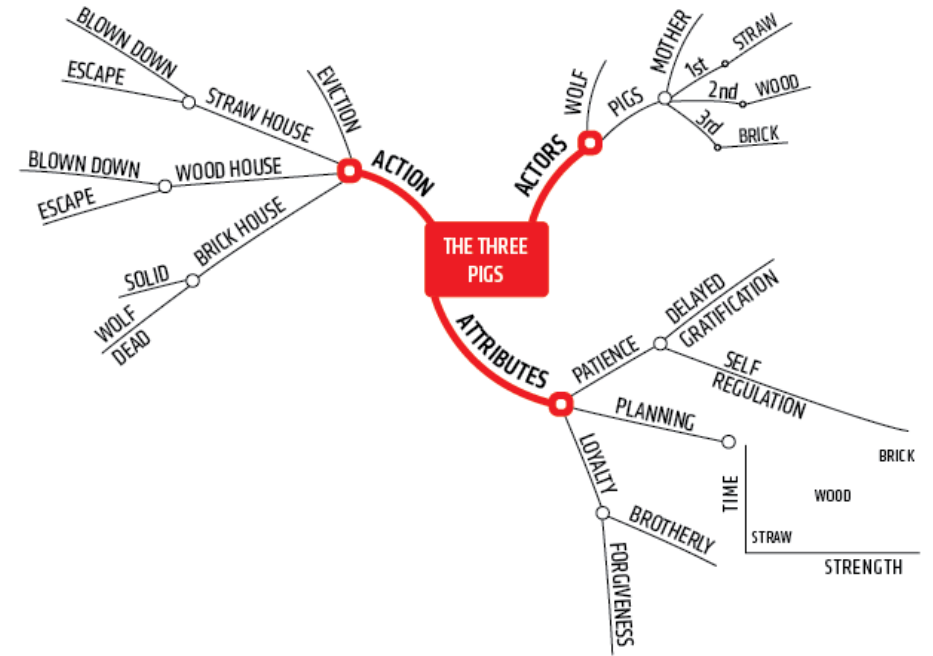
Stages of exam preparation

3. Organise this information

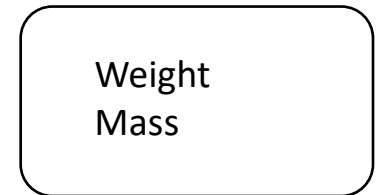
- Mind maps or flashcards or summarise into notes
- Need to **think** hard

Strategies that are unlikely to be effective:

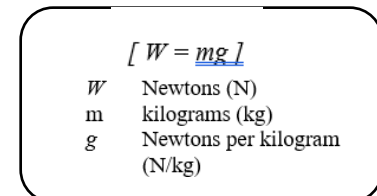
- Reading over your notes
- Copying text
- highlighting



front



back

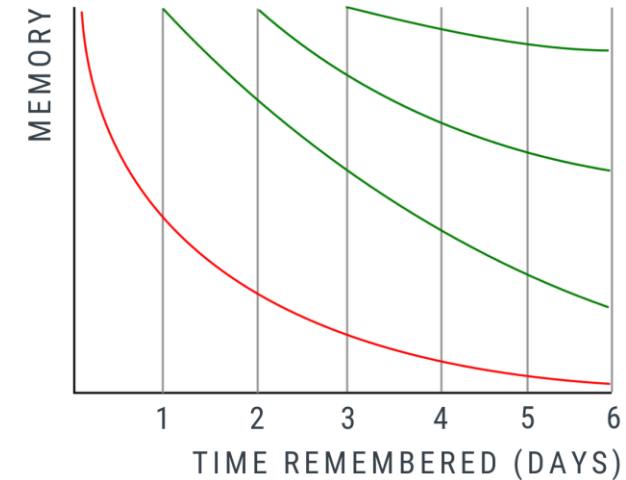


THE FORGETTING CURVE

Stages of exam preparation

4. Retrieval practice

- Testing yourself increases the memory trace
- Frequent testing embeds knowledge into long term memory
- Strategies:
 - Recalling mindmaps from memory
 - Look-cover-write-check
 - Quizlet
 - Flashcard testing



Stages of exam preparation

5. Exam practice

Concluding Remarks

This paper was broadly similar to papers from previous series. The errors that students made in calculations were common errors, usually involving incorrect unit conversions or failing to convert units.

An area of the specification that stood out as being particularly poorly answered was section 4.2 which was tested in the Required Practical Activity in question 3 and again in question 10.

Most of the students understand the importance of showing clear working out when completing a calculation. This is crucial in the more complex calculations.

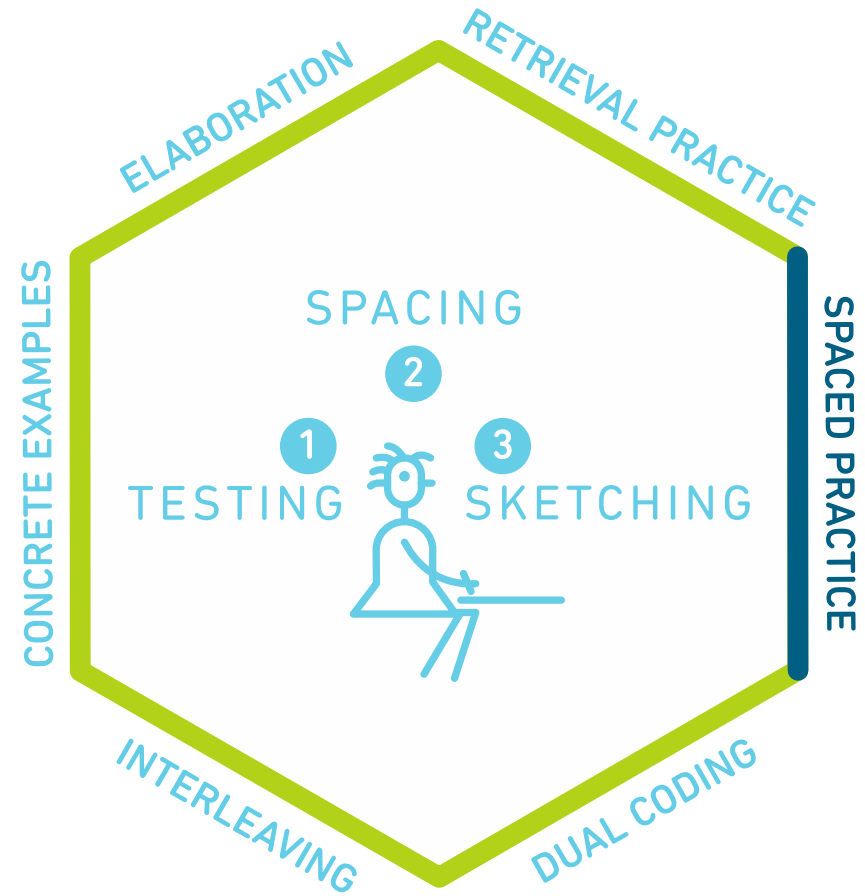
Similar to previous series, a significant number of the students were unable to read values from graphs accurately and failed to realise when numerical values were not given in standard SI units.



LEARN TO STUDY USING...

Spaced Practice

SPACE OUT YOUR PRACTICE OVER TIME



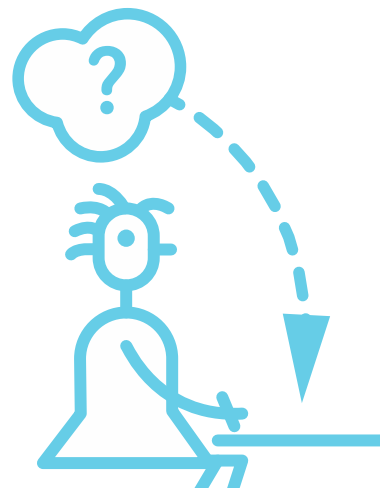
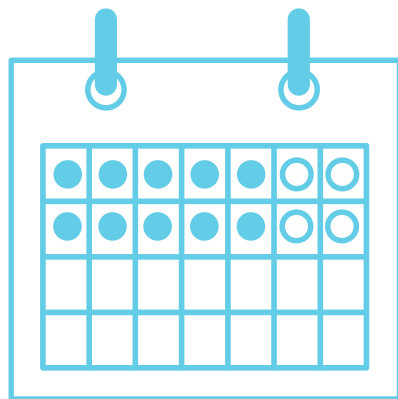
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Spaced Practice

HOW TO DO IT

Start planning early for exams, and set aside a little bit of time every day. Five hours spread out over two weeks is better than the same five hours all at once.



Work Hard- Be Kind- Be Proud



Spaced Practice

HOW TO DO IT

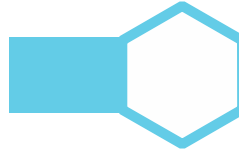
After you review information from the most recent class, make sure to go back and study important older information to keep it fresh.



Work Hard- Be Kind- Be Proud



Spaced Practice



HOLD ON

This may seem difficult and you may forget some information from day to day, but this is actually a good thing! This forces you to retrieve information from memory.

When you sit down to study, make sure you are using effective study strategies rather than just re-reading your class notes.



Organise your time

	Mon	Tues	Wed	Thurs	Fri	
4-5	Gym	homework	homework	Gym	homework	
5-6	Dinner and family catch up					
6-7	Revision	Dance	Revision	Revision	Netball	
7-8						See friends
8-9		chill	chill			
9-10						

Work Hard- Be Kind- Be Proud

Mr Wilkinson Revision Timetable – The right balance of work, rest and

	Mon	Tues	Wed	Thurs	Fri
6:30	Motivational Video (5 mins) Shower and breakfast	Motivational Video (5 mins) Shower and breakfast	Motivational Video (5 mins) Shower and breakfast	Motivational Video (5 mins) Shower and breakfast	Motivational Video (5 mins) Shower and breakfast
7:30	Leave for school	Leave for school	Leave for school	Leave for school	Leave for school
8:00 – 3:00	School	School	School	School	School
3:00 – 4:00	Rest Check phone/chill	Rest Check phone/chill	Rest Check phone/chill	Rest Check phone/chill	Rest Check phone/chill
4:00 – 4:30	Maths session 1	English session 1	HSC session 1	Maths session 1	Chill with mates
4:30- 5:00	Maths session 2	English session 2	HSC session 2	Maths session 2	Go out with mates
5:00 – 5:30	PE bones	Science 1	Science 1	Science 1	
5:30 – 6:00	PE muscles	Science 2	Science 2	Science 2	
6:00 – 6:30	Dinner	Dinner	Dinner	Dinner	
6:30 - 7:30	Insta Time	Insta Time	Football Training	Insta Time	
7:30 – 9:00	Go out with mates	Visit Nana		Go out with mates	
9:00 – 10:00	No phone or device hour	No phone or device hour	No phone or device hour	No phone or device hour	No phone or device hour
10:00	Sleep	Sleep	Sleep	Sleep	Sleep

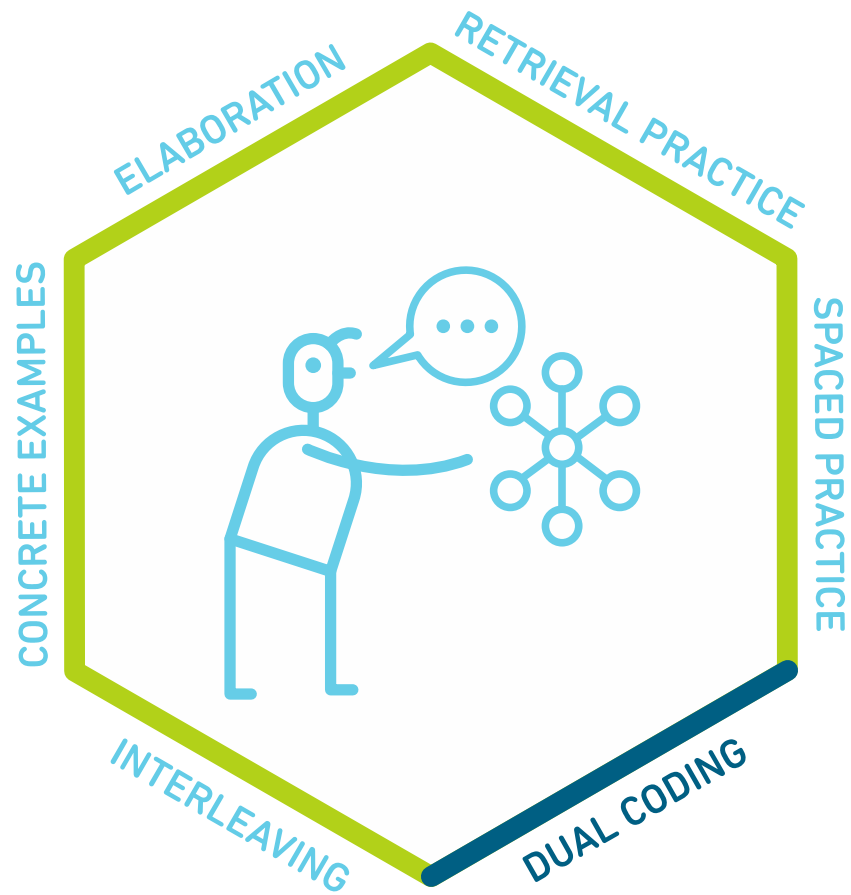
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LEARN TO STUDY USING...

Dual Coding

COMBINE WORDS AND VISUALS



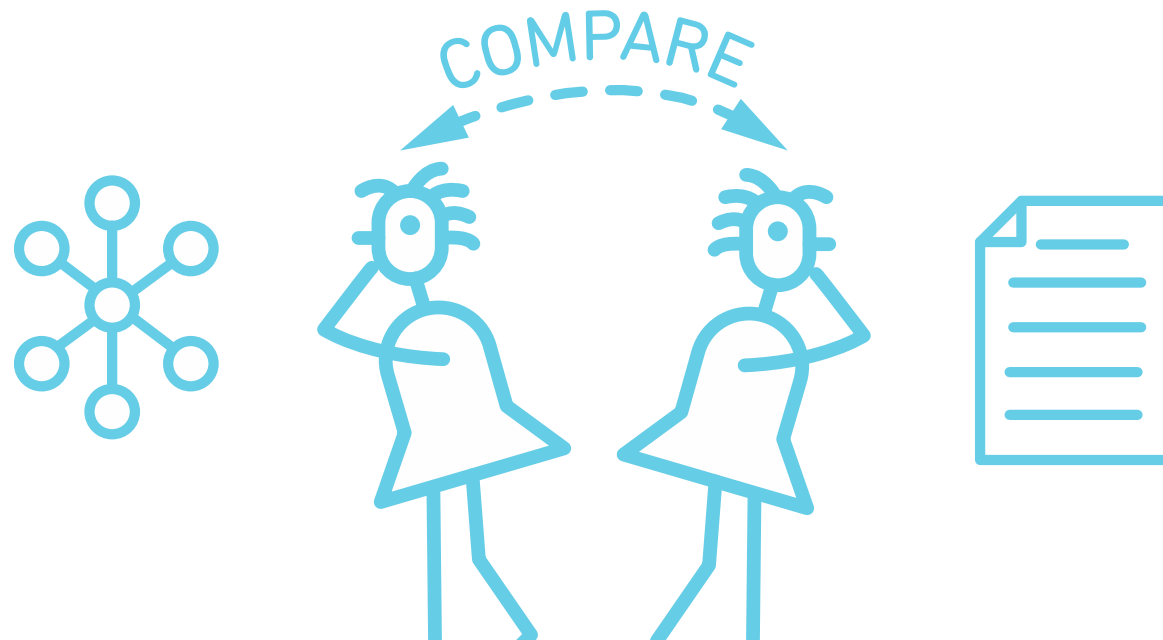
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Dual Coding

HOW TO DO IT

Look at your class materials and find visuals. Look over the visuals and compare to the words.



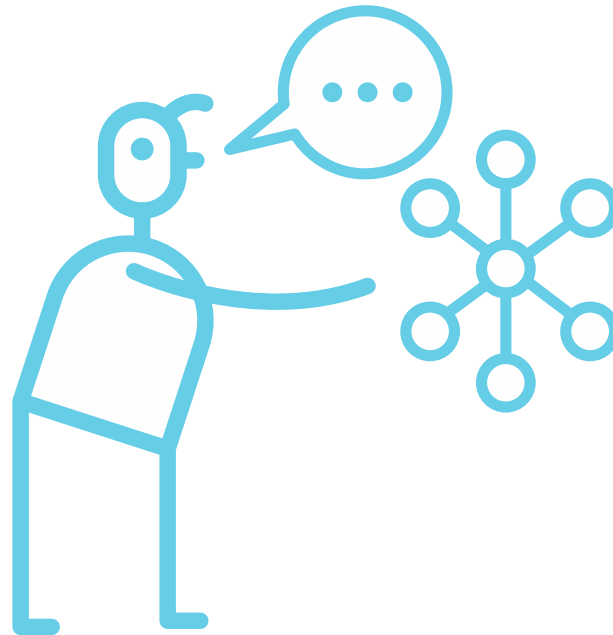
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Dual Coding

HOW TO DO IT

Look at visuals, and explain in your own words what they mean.

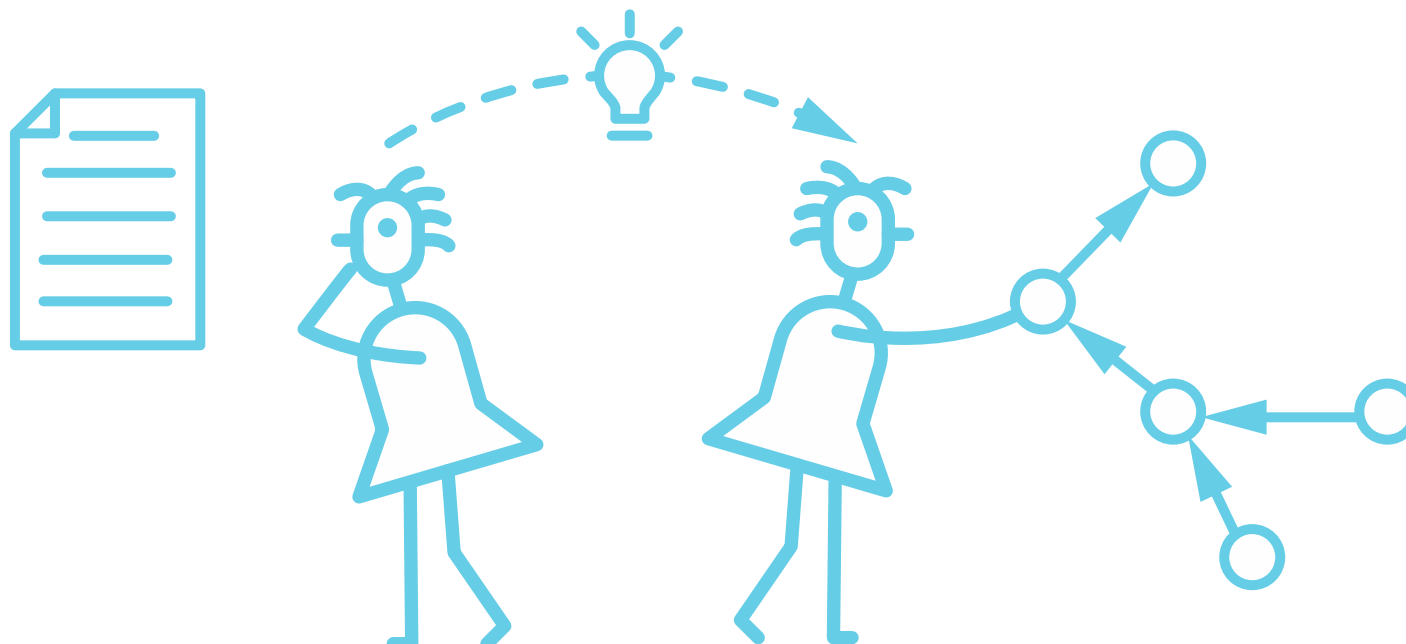




Dual Coding

HOW TO DO IT

Take information that you are trying to learn, and draw visuals to go along with it.



Work Hard- Be Kind- Be Proud



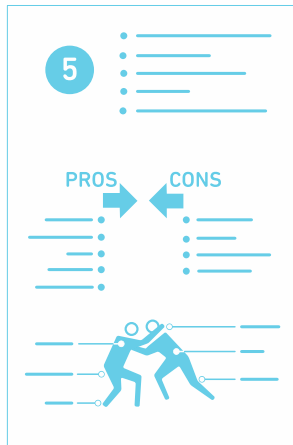
Dual Coding



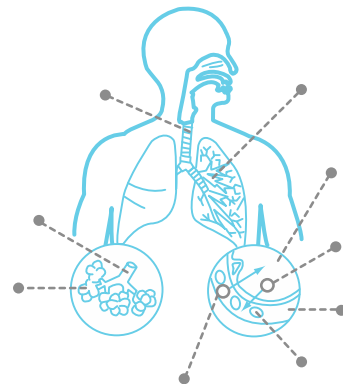
Try to come up with different ways to represent the information visually, for example an infographic, a timeline, a cartoon strip, or a diagram of parts that work together.



INFOGRAPHIC



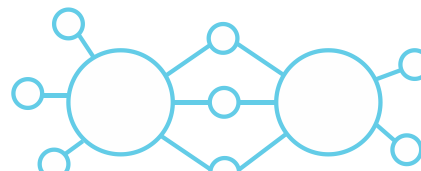
DIAGRAM



CARTOON STRIP



GRAPHIC ORGANIZER



TIMELINE



Be Kind:
Keep a balance

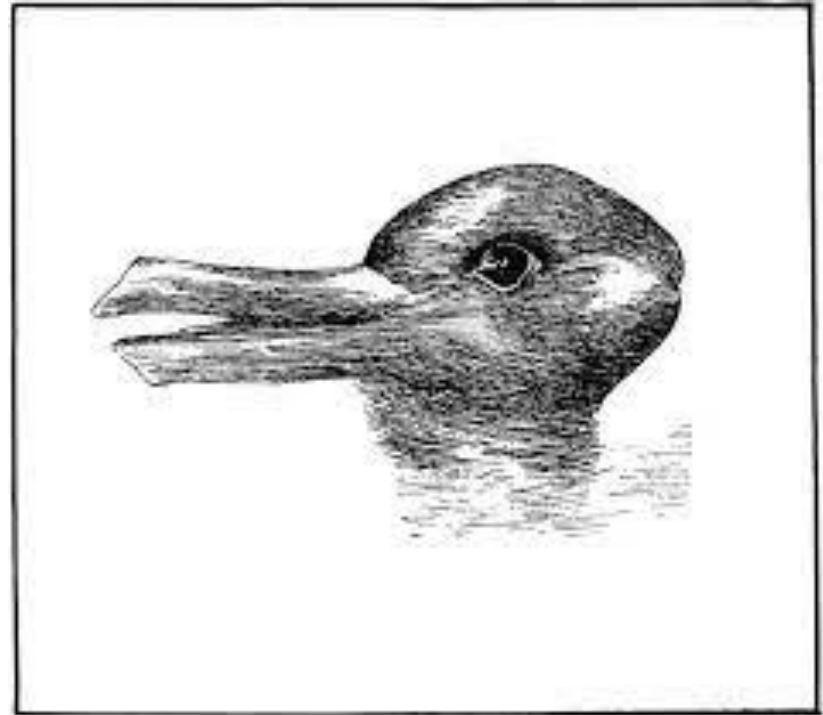
How Parents and Carers can support

- Make sure they have a suitable study space
- Support them with making a regular routine
- Help them plan out a schedule
- Encourage them to practice retrieval by testing them
- Encourage responsible hours for jobs, especially during the exam period
- Encourage them to be realistic, and take breaks
- Use of technology

Avoiding stress

- Be aware of the signs of stress
- Eat well
- Get enough sleep
- Get some exercise
- Talk to someone about how you feel
- Make time for rest, other activities and hobbies
- Ask someone to help you with your revision

Keeping perspective



Work Hard- Be Kind- Be Proud