

The Kibworth School

Cambridge National Physical Education Journey

POST 16 PATHWAYS
A Level PE
Sports Diploma
Gym Instructor Diploma
Sports Science & More

CNAT PE Outline

R051 Contemporary Issues in Sport 25%	R052 Developing Sports Skills 25%
R053 Sport Leadership 25%	R054 Sport and the Media 25%

L04 – Evaluation of delivering a sports activity session

You will learn how to evaluate your sports activity session looking at what went well, what could be improved and how this could be improved.

Year 11

R054 Sport and the Media

L02 – Positive effects of the media

You will learn how the media can increase the exposure of minority sports, increase promotional opportunities, increase income, inspire participation, educate the population and encourages innovation.

L04 – Relationship between sport and the media

You will learn how the media uses sport to promote itself, how sport uses the media to promote itself, sport as a commodity, sponsorship and advertising, creation of heroes and villains, criticism and the impact of PPV events.

L01 – Individual Sporting Activity

You will learn the key components of performance for an individual performer in a sporting activity



L01 NEA in classroom (6 marks)

L02 NEA in classroom (12 marks)

L03 NEA in classroom (12 marks)

L04 NEA in classroom (15 marks)

L05 NEA in classroom (15 marks)

R052 Developing Sports Skills

- Personal Excellence
- Respect & Friendship
- Inspiration
- Determination
- Equality

January Year 10 - R051 Examination 25%

L04 NEA in classroom (15 marks)

L03 Practical assessment (18 marks)

L02 NEA in classroom (18 marks)

L01 NEA in classroom (9 marks)

L01 NEA in classroom (9 marks)



R053 Sport Leadership

Mock Assessment



L04 – To know about the role of National Governing Bodies in sport

You will learn how National Governing Bodies impact the promotion, development, infrastructure, funding, support and the policies & initiatives for their sport.

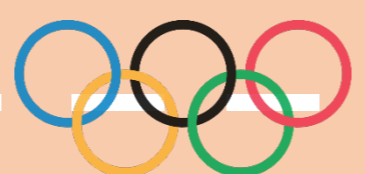
L03 Assessment

Year 10

R051 Contemporary Issues in Sport



L01 Assessment



L02 Assessment



Your CNAT PE Journey starts here ...

L01 – Understand issues which affect participation in sport

You will learn how different user groups are affected by different issues which affects their participation in sport. You will develop solutions to overcome these barriers. You will also learn what factors generate popularity for sports in the United Kingdom and how this can change over time.

L02 – Know about the role of promoting values in sport

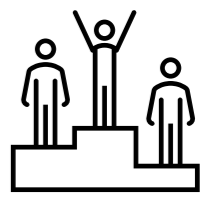
You will learn the values which are learnt through sport and how the Olympics games have developed into the spectacle it is today. You will learn about sporting initiatives which are aimed to promote these values through sport. You will also learn about sporting behaviour, etiquette and how performance enhancing drugs have impacted sport.

L03 – Understand the importance of hosting major sporting events

You will learn the features of major sporting events such as the Olympic Games, World Cups and European Championships as well as the benefits and drawbacks for hosting a major sporting event. You will be able to analyse and evaluate the relationship between the two.

Become a CNAT PE Champion

How many can you complete in lessons?



Try your best in all PE lessons!
Demonstrate The Kibworth Standards!
Represent at least 1 school/club team!
Have an active interest in Sports news!
Listen & act on all advice given to you!