# Physics Knowledge Organiser Topic 15: Nuclear Physics

#### The structure of the atom and isotopes

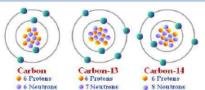
You've already studied the structure of the atom — the small central nucleus surrounded by electrons – in the first chemistry topic. Go back and recap that first.

An important point about the shells, or energy levels, where electrons are found is that the energy level of an electron can *change*:

Electrons move *up* an energy level with the absorption of a specific wavelength of EM

- radiation
- Electrons move down an energy level by emitting a specific wavelength of EM radiation.

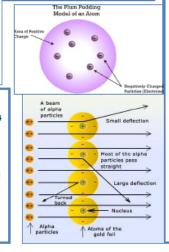
Atoms of a particular element always have the same number of protons (the atomic number in the periodic table). However, they don't all have to have the same number of neutrons to be the same element. If the number of neutrons varies between atoms of an element (but number of protons stays the same), we call the atoms isotopes of the element. Look at the diagram for the example of three isotopes of carbon.



#### Radioactive decay

Some atomic nuclei are unstable. For instance, carbon-14 above is unstable. The nucleus will spontaneously and randomly change to become more stable. When the nucleus does this, it gives out nuclear radiation.

ice it is a random process, it is impossible to predict which particular nucleus will decay next. However, with a huge number of them, it is possible to measure the rate at which the whole source of radiation is decaying. This rate is measured in number of decays per second: the unit is the becquerel (Bq). One Bq = 1 decay per second This can be measured with a detector called a Geiger-Muller tube - in this case, 1 Bg = 1 count per second.



Key Terms	Definitions
Isotopes	Isotopes of an element have the same number of protons but different numbers of neutrons in the nucleus.
Energy level	The other name for electron 'shells'. Each energy level is a specific distance from the nucleus and holds a limited number of electrons.
Radioactive decay	The process of an unstable nucleus becoming stable and giving out nuclear radiation in the process.
Nuclear radiation	Types of radiation that come from the nucleus of atoms during decay. Four types: alpha, beta, gamma, and neutrons.

#### How the modern model of the atom was developed

The model of the atom that you know all about has changed over time. Here's a brief timeline:

- Before electrons were discovered, atoms were thought of as simply tiny, hard spheres that couldn't be divided into smaller particles.
- Electrons were discovered (which are smaller than atoms!), so the model was modified. The plum pudding model of the atom was described: the atom as a ball of positive charge with negative electrons embedded in it like pieces of fruit in a pudding (see diagram).
- A famous experiment by the scientists Rutherford and Marsden showed that the plum pudding model was wrong. Particles named alpha particles (more on these later) were fired at a sheet of atoms and some rebounded, some were deflected and others went straight through (see diagram). This showed that atoms have a hard, very small concentration of mass in the centre - which was named the nucleus. It also showed that the nucleus was charged, and we now know that is due to the protons in the nucleus. This model, that you use, is sensibly called the nuclear model of the atom.
- The nuclear model was further developed to include the idea that electrons orbit at specific distances from the nucleus: in energy levels. The key scientist presenting this model was Niels Bohr.
- Next, the nucleus was investigated further. It was found that the nucleus can be split up, producing particles with an equally-sized positive charge. These particles are named 'protons' - of course!
- Then, in 1932, a scientist named James Chadwick proved that there were also uncharged particles in the nucleus. He called these particles 'neutrons' as they are neutral: no charge. This was about 20 years after the nucleus had already been accepted as the right idea about atoms.

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#### Types of nuclear radiation

As you've seen, the rate of decay is measured in Bq, or can be measured as the count rate in Bq. What it actually 'counts' is the amount of radiation hitting the detector each second. The radiation emitted from the nucleus thanks to radioactive decay can be:

- An alpha particle (symbol: α). An alpha particle is made of two protons and two neutrons (making it identical to the nucleus of helium atoms). Since there are four subatomic particles in one alpha particle, it has a mass number of 4. Since there are two protons in an alpha particle, it has a proton number of 2.
- A beta particle (symbol: β). A beta particle is a high speed electron. Beta particles are emitted during a type of radioactive decay where a neutron turns into a proton. This process also makes an electron, and electrons aren't 'allowed' in nuclei, so it gets fired out.
- A gamma ray (symbol: y). Yes, the same wave as in the electromagnetic spectrum. It has a very high frequency and very short wavelength.
- A neutron (symbol: n). An uncharged particle you know all about them already.

# Alpha, beta and gamma

As well as being different in form, alpha, beta and gamma are also different in terms of how they behave after emission from a nucleus.

Type of nuclear radiation	Range in air	Penetrating power	lonising power
Alpha	A few centimet- res	Not very penetrating at all: absorbed by a thin sheet of paper.	Strongly ionising (as alpha particles are large and have a +2 charge)
Beta	A few metres	Fairly penetrating: completely absorbed by a sheet of aluminium 5mm thick.	Moderately ionising (as not as big as alpha particles and their charge is smaller, -1)
Gamma	Enormous distances	Penetrates most materials. Absorbed only by several metres of concrete or a thick sheet of lead.	Only weakly ionising.

Key Terms	Definitions	
Emission	Releasing or giving out. Nuclear radiation is emitted during radioactive decay.	
Penetration	Passing through a material. Different types of nuclear radiation can penetrate different materials, and are absorbed by certain materials.	
Ionisation	The process of making an ion by 'knocking off' electrons. lonising radiation causes this, and can break up molecules into ions which go on to react with other chemicals. This is very dangerous in living organisms.	

#### Using nuclear radiation

Nuclear radiation can be very useful. Here are some examples: notice that the type of nuclear radiation used depends on exactly what you need it for, so it links to the properties in the table opposite.

Radiotherapy: this is a treatment for cancer, using gamma rays, Gamma rays easily penetrate body tissues, so they can reach a tumour e.g. in the brain. The gamma rays can kill the cancer cells. However, since gamma rays are dangerous to healthy tissue, they use beams of gamma rays from many angles to the tumour, so healthy cells between source and tumour are not affected too badly.

Monitoring thickness of paper in a factory: As the diagram shows, a beta source is used. This is because beta will pass through materials such as paper. The detector on the other side of the sheet will measure a lower count rate if the sheet gets too thick, and a higher count rate if it gets too thin. The rollers can be automatically adjusted to fix



Medical diagnosis: sources of radiation can be taken into the body and the nuclear radiation monitored from the outside to give information about body function. Obviously, alpha is NOT suitable for this as it won't penetrate body tissues to get to the detector! For example, a radioactive xenon isotope can be inhaled to check lung function. On the image, the left lung isn't getting much air to the bottom parts.



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#### **Nuclear equations**

To show what happens to an atom when it radioactively decays, we use nuclear equations. In these equations, we represent alpha and beta particles as shown in the key terms table.

Recalling what an alpha particle actually is (2 protons and 2 neutrons), it is clear that a nucleus going through alpha decay loses 4 subatomic particles (so the mass number has to decrease by four). Two of those are protons, so the atomic number must decrease by 2. Here's an example:

$$^{219}_{86}$$
 radon  $\longrightarrow$   $^{215}_{84}$  polonium +  $^{4}_{2}$  He

This shows that a radon nucleus decays to produce a polonium nucleus and an alpha particle

Beta decay results in a beta particle, and happens because a neutron turns into a proton and an electron. The electron is ejected from the nucleus. Since neutrons and protons have the same mass, the mass number does not change. However, there is an extra proton, so the atomic number must increase by one (therefore the charge of the nucleus increases by 1). Here's an example:

$$^{14}_{6}$$
 carbon  $\longrightarrow$   $^{14}_{7}$  nitrogen +  $^{0}_{-1}$  e

This shows that the carbon nucleus decays to produce a nitrogen nucleus and a beta particle

NB: emission of a gamma ray DOES NOT cause any change to the mass or atomic number.

#### Radioactive contamination

It is vital to realise that being exposed to nuclear radiation DOES NOT make something radioactive! (Despite what comic books show.) We say the exposed material/object is irradiated, and it is dangerous for living relis

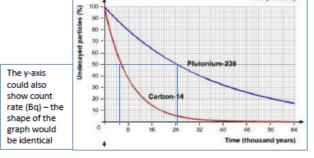
So, radioactive contamination is NOT being exposed to nuclear radiation. It means getting unwanted radioactive materials onto other materials. For instance, spilling a powdered radioactive source onto clothes. This is dangerous because the radioactive material keeps on emitting nuclear radiation through nuclear decay, so it can keep on irradiating the thing its on.

The hazards due to irradiation or contamination mean that precautions must be taken. For instance, the radioactive materials (e.g. uranium) used in nuclear power plant is only transferred, stored and used in containers that nuclear radiation can't penetrate. There is ongoing research by scientists into the effects of nuclear radiation on human health. Like all scientific findings, this research should be published and receive peer review — where other scientists check the methods and analysis performed, to make sure it is right!

Key Terms	Definitions
Mass number	The total number of subatomic particles in the nucleus of an atom (protons + neutrons).
Atomic number	The number of protons in the nucleus of an atom. In other words, the number of positive (+1) charges in the nucleus.
Alpha particle	Can be represented with the symbol: ${}^4_2\text{He}$
Beta particle	Can be represented with the symbol: $\begin{array}{c} 0 \\ -1 \end{array}$
Half-life	The half-life of a radioactive isotope is the average time it takes for the number of radioactive nuclei to halve. It can be also be measured as the time it takes for the count rate of the sample to decrease to half its starting count rate.

#### Half life

Radioactive decay is random – so you don't know which nucleus will decay next. However, with a <u>large number</u> of radioactive nuclei, the time it takes for <u>HALF</u> of them to decay is predicable. This differs depending on the particular isotope involved. This length of time is called a half-life (see definitions too). Plotting the number of radioactive nuclei OR the count rate against time makes half-life easy to find. Read off the time it takes for the number on the y-axis to decrease by a half. So, in this example, we can see that the half-life of carbon-14 is 5.5 thousand years, whereas the half-life of plutonium-239 is 24 thousand years.



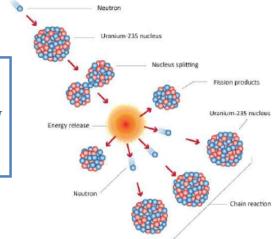
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#### **Nuclear fission**

When people say 'splitting the atom', they mean nuclear fission. Nuclear fission is the splitting of a large, unstable atomic nucleus. This rarely just happens spontaneously, but we can force it to happen by making a large, unstable atomic nucleus first absorb a neutron. Then it will split into two nuclei, but of smaller atoms. During this split, 2 or 3 neutrons will also be released, and gamma rays are emitted. LOTS of energy is released by this process – which is why it is used in nuclear power stations.

In nuclear power stations, the large, unstable nuclei used is usually uranium (but plutonium can also be split). The neutrons released by the fission of one nucleus can then be absorbed by other large, unstable nuclei. This is a chain reaction (shown in diagram). In nuclear power stations, some of the neutrons are absorbed to control the reaction and stop it getting out of control. In nuclear weapons, the chain reaction does get out of control, causing the massive explosion.

Key Terms	Definitions		
Nuclear fission	Splitting of a large atomic nucleus into smaller nuclei, with release of energy		
Chain reaction	A reaction where the first reaction starts another one of the same sort, which then sets off another reaction, and so on.		
Uranium	Heaviest naturally occurring element (a metal). It has numerous isotopes, where U-235 can be used for fission in nuclear power stations. So it is nuclear fuel.		
Nuclear fusion	Joining to two light atomic nuclei to form a new nucleus with higher mass number (i.e. a heavier element), with the release of energy.		

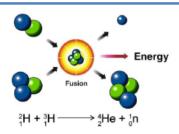


#### Nuclear fusion

Nuclear fusion involves small atomic nuclei, like hydrogen isotopes, joining – or fusing – together to make a heavier nucleus (such as helium). This occurs in stars. At the moment on Earth, this can be done, but not in a way that is any use for generating electricity, at least not yet. Very extreme conditions are required for nuclear fusion – extreme temperatures and pressures, which is why you only find it occurring naturally in stars.

An example of a fusion reaction is shown below.

Some of the mass of the fusing isotopes can be converted into energy, transferred by radiation.



# **Isotopes and Nuclear Radiation**

Different forms of the same element. Isotopes of an element have the same number of protons but a different number of neutrons:

160 8 protons, 8 neutrons

180 8 protons, 10 neutrons

All elements have isotopes but there are only a few that are stable. Others decay into other elements to become more stable by giving out radiation.

	Type of particle	Properties	How ionising	Uses
Alpha	alpha particle -	Can only travel a few cm in air	Very	Smoke alarms. The α-particles
α	two protons and	and are absorbed by a sheet of		ionises air particles, causing a
	two neutrons	paper.		current to flow. Smoke will bind
	(helium nuclei).			to the ions, stopping the current
				so the alarm sounds.
Beta	A fast moving	Have no mass and a charge of -	Moderate	Testing thickness of sheets of
β	electron.	1. Travel a few meters in air and		metal.
		are absorbed by about 5mm of		
		aluminium.		
Gamma	Are	Usually pass through materials.	Weakly	See EM waves sheet.
γ	electromagnetic	Absorbed by thick sheets of lead		
	waves.	or several meters of concrete.		

#### Irradiation and Contamination

Exposure to radiation (irradiation) can damage living cells by ionising atoms within them. Radioactive sources should be kept in lead lined boxes. Irradiation does not make something radioactive.

Contamination is where radioactive atoms get into something. Touching a radioactive source without gloves will contaminate your hands. The contaminating atoms can then decay, releasing harmful radiation.

#### Decay

Alpha decay causes the charge and mass of the nucleus to decrease:

Uranium-238 → Thorium-234 + α particle

$$^{238}_{92}U \rightarrow ^{234}_{94}Th + ^{4}_{2}He$$

Beta decay causes the charge of the nucleus to increase. When an electron is lost a proton is changed into a neutron:

Carbon-14 → Nitrogen-14 + β particle

$$^{14}_{6}C \rightarrow ^{14}_{7}N + _{1}^{0}e$$

Gamma rays do not change the mass or charge.

### Half Life

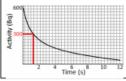
The time taken for the number of radioactive nuclei in an isotope to halve. Activity (the rate at which a source decays) is measured in becquerels Bq (1Bq = 1 decay per

eg. if the initial activity of a sample is 320Bq what will it be after two half-lives?

1 half life = 320 ÷ 2 = 160

2 half lives = 160 ÷ 2 = 80Bq

(80 + 320) x 100 = 25%



## Finding half-life from a graph:

- Mark where half the activity
- Find the corresponding time (1.8s in this example)