

# THIS WEEK'S Eats.

WEEK TWO

W/C: 02/01/23

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p><b>Pork Sausages</b></p> <p>Served with Mashed Potato, Sweetcorn, Peas and Gravy</p>	<p><b>Vegetarian Devil's Kitchen Sausage</b> 🍷 🌱</p> <p>Served with Mashed Potato, Sweetcorn, Peas and Gravy</p>
TUE	<p><b>Chicken Katsu</b></p> <p>Served with Wholegrain Rice and Peas 🌾</p>	<p><b>Vegetable Chow Mein</b> 🍷 🌱</p>
WED	<p><b>Roast Chicken</b> 🍷</p> <p>Served with Mashed Potato, Yorkshire Pudding, Carrots, Cabbage and Gravy</p>	<p><b>Vegetable Pastry Roll</b> 🌱</p> <p>Served with Mashed Potato, Yorkshire Pudding, Carrots, Cabbage and Gravy</p>
THUR	<p><b>Pulled Mexican Chicken and Crushed Taco</b> 🍷</p> <p>Served with Wholegrain Rice and Mixed Side Salad 🌾</p>	<p><b>Vegetarian Bolognese</b> 🍷 🌱</p> <p>Served with Mixed Side Salad</p>
FRI	<p><b>Southern Fried Chicken Goujons</b></p> <p>Served with Chips, Peas and Baked Beans</p>	<p><b>Vegetarian Hot Dog</b> 🌱</p> <p>Served with Chips, Peas and Baked Beans</p>

## AVAILABLE Daily

### FOOD ON THE MOVE

#### HOT

Love Joes Burritos and Wraps  
Freshly Baked Pizza  
Pasta and Sauces  
Topped Jacket Potatoes

#### COLD

A healthy selection of  
Fresh Salads, Fresh Sandwiches,  
Baguettes and Wraps















🌱 Vegetarian 🐟 Oily fish 🌾 Wholegrain 🍏 Fruity 🍷 Nutritionist's Choice

# THIS WEEK'S Eats.

WEEK THREE

W/C: 09/01/23

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p>Chilli Con Carne </p> <p>Served with Wholegrain Rice  and Spiced Sweetcorn</p>	<p>Vegetarian Chilli  </p> <p>Served with Wholegrain Rice </p>
TUE	<p>Mandarin BBQ Style Pork</p> <p>Served with Stir Fried Vegetables and Peas</p>	<p>Chickpea and Tomato Masala  </p> <p>Served with Wholegrain Rice </p>
WED	<p>Mince Steak Pie</p> <p>Served with Mashed Potato, Broccoli, Sweetcorn and Gravy</p>	<p>Crispy Topped Veggie Pie </p> <p>Served with Mashed Potato, Broccoli, Sweetcorn and Gravy</p>
THUR	<p>Buffalo Chicken</p> <p>Served with Lime Ranch Dressing, Herb Diced Potatoes, Cornslaw and Sweetcorn</p>	<p>Vegetarian Incredible Burger  </p> <p>Served with Herb Diced Potatoes, Cornslaw and Sweetcorn</p>
FRI	<p>Southern Fried Chicken Goujons</p> <p>Served with Chips, Peas and Baked Beans</p>	<p>New Yorker Quorn Dog </p> <p>Served with Chips, Peas, Baked Beans and Mixed Side Salad</p>

## AVAILABLE Daily

### FOOD ON THE MOVE

#### HOT

Love Joes Burritos and Wraps  
Freshly Baked Pizza  
Pasta and Sauces  
Topped Jacket Potatoes

#### COLD

A healthy selection of  
Fresh Salads, Fresh Sandwiches,  
Baguettes and Wraps





# THIS WEEK'S Eats.

WEEK ONE

W/C: 16/01/23

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p><b>Siracha Glazed Chicken Burger</b> Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw</p>	<p><b>Vegetarian Devil's Kitchen Burger</b> 🍷🌱 Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw</p>
TUE	<p><b>West African Chicken Rice</b> 🍷 Served with Mixed Side Salad</p>	<p><b>Cauliflower Mac 'n' Cheese</b> 🌱 Served with Garlic and Herb Bread</p>
WED	<p><b>Beef Lasagne</b> Served with Stromboli Pizza Bread 🍷 and Mixed Side Salad</p>	<p><b>Vegetarian Cottage Pie</b> 🍷🌱 Served with Peas</p>
THUR	<p><b>Sloppy Joe Burger</b> Served with Baked Garlic and Herb Wedges</p>	<p><b>Yellow Vegetable Curry</b> 🍷🌱 Served with Wholegrain Rice and Sweetcorn 🍷</p>
FRI	<p><b>Southern Fried Chicken Goujons</b> Served with Chips, Baked Beans and Peas</p>	<p><b>Vegan Sausage Roll</b> 🌱 Served with Chips, Baked Beans and Peas</p>

AVAILABLE Daily
<b>FOOD ON THE MOVE</b>
<b>HOT</b>
<p>Love Joes Burritos and Wraps Freshly Baked Pizza Pasta and Sauces Topped Jacket Potatoes</p>
<b>COLD</b>
<p>A healthy selection of Fresh Salads, Fresh Sandwiches, Baguettes and Wraps</p>















🌱 Vegetarian 🐟 Oily fish 🍷 Wholegrain 🍏 Fruity 🍷 Nutritionist's Choice

# THIS WEEK'S Eats.

WEEK THREE

W/C: 23/01/23

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p>Chilli Con Carne </p> <p>Served with Wholegrain Rice  and Spiced Sweetcorn</p>	<p>Vegetarian Chilli  </p> <p>Served with Wholegrain Rice </p>
TUE	<p>Mandarin BBQ Style Pork</p> <p>Served with Stir Fried Vegetables and Peas</p>	<p>Chickpea and Tomato Masala  </p> <p>Served with Wholegrain Rice </p>
WED	<p>Mince Steak Pie</p> <p>Served with Mashed Potato, Broccoli, Sweetcorn and Gravy</p>	<p>Crispy Topped Veggie Pie </p> <p>Served with Mashed Potato, Broccoli, Sweetcorn and Gravy</p>
THUR	<p>Buffalo Chicken</p> <p>Served with Lime Ranch Dressing, Herb Diced Potatoes, Cornslaw and Sweetcorn</p>	<p>Vegetarian Incredible Burger  </p> <p>Served with Herb Diced Potatoes, Cornslaw and Sweetcorn</p>
FRI	<p>Southern Fried Chicken Goujons</p> <p>Served with Chips, Peas and Baked Beans</p>	<p>New Yorker Quorn Dog </p> <p>Served with Chips, Peas, Baked Beans and Mixed Side Salad</p>

AVAILABLE Daily
<b>FOOD ON THE MOVE</b>
<b>HOT</b>
<p>Love Joes Burritos and Wraps</p> <p>Freshly Baked Pizza</p> <p>Pasta and Sauces</p> <p>Topped Jacket Potatoes</p>
<b>COLD</b>
<p>A healthy selection of</p> <p>Fresh Salads, Fresh Sandwiches, Baguettes and Wraps</p>





# THIS WEEK'S Eats.

WEEK ONE

W/C: 30/01/23

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p><b>Siracha Glazed Chicken Burger</b> Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw</p>	<p><b>Vegetarian Devil's Kitchen Burger</b> 🍷🌱 Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw</p>
TUE	<p><b>West African Chicken Rice</b> 🍷 Served with Mixed Side Salad</p>	<p><b>Cauliflower Mac 'n' Cheese</b> 🌱 Served with Garlic and Herb Bread</p>
WED	<p><b>Beef Lasagne</b> Served with Stromboli Pizza Bread 🍷 and Mixed Side Salad</p>	<p><b>Vegetarian Cottage Pie</b> 🍷🌱 Served with Peas</p>
THUR	<p><b>Sloppy Joe Burger</b> Served with Baked Garlic and Herb Wedges</p>	<p><b>Yellow Vegetable Curry</b> 🍷🌱 Served with Wholegrain Rice and Sweetcorn 🍷</p>
FRI	<p><b>Southern Fried Chicken Goujons</b> Served with Chips, Baked Beans and Peas</p>	<p><b>Vegan Sausage Roll</b> 🌱 Served with Chips, Baked Beans and Peas</p>

AVAILABLE Daily
<b>FOOD ON THE MOVE</b>
<b>HOT</b>
<p>Love Joes Burritos and Wraps Freshly Baked Pizza Pasta and Sauces Topped Jacket Potatoes</p>
<b>COLD</b>
<p>A healthy selection of Fresh Salads, Fresh Sandwiches, Baguettes and Wraps</p>



🌱 Vegetarian 🐟 Oily fish 🍷 Wholegrain 🍏 Fruity 🍷 Nutritionist's Choice !

# THIS WEEK'S Eats.

WEEK TWO

W/C: 06/02/2023

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p><b>Pork Sausages</b></p> <p>Served with Mashed Potato, Sweetcorn, Peas and Gravy</p>	<p><b>Vegetarian Devil's Kitchen Sausage</b> 🍷 🌱</p> <p>Served with Mashed Potato, Sweetcorn, Peas and Gravy</p>
TUE	<p><b>Chicken Katsu</b></p> <p>Served with Wholegrain Rice and Peas 🌾</p>	<p><b>Vegetable Chow Mein</b> 🍷 🌱</p>
WED	<p><b>Roast Chicken</b> 🍷</p> <p>Served with Mashed Potato, Yorkshire Pudding, Carrots, Cabbage and Gravy</p>	<p><b>Vegetable Pastry Roll</b> 🌱</p> <p>Served with Mashed Potato, Yorkshire Pudding, Carrots, Cabbage and Gravy</p>
THUR	<p><b>Pulled Mexican Chicken and Crushed Taco</b> 🍷</p> <p>Served with Wholegrain Rice and Mixed Side Salad 🌾</p>	<p><b>Vegetarian Bolognese</b> 🍷 🌱</p> <p>Served with Mixed Side Salad</p>
FRI	<p><b>Southern Fried Chicken Goujons</b></p> <p>Served with Chips, Peas and Baked Beans</p>	<p><b>Vegetarian Hot Dog</b> 🌱</p> <p>Served with Chips, Peas and Baked Beans</p>

## AVAILABLE Daily

### FOOD ON THE MOVE

#### HOT

Love Joes Burritos and Wraps  
Freshly Baked Pizza  
Pasta and Sauces  
Topped Jacket Potatoes

#### COLD

A healthy selection of  
Fresh Salads, Fresh Sandwiches,  
Baguettes and Wraps



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# THIS WEEK'S Eats.

WEEK THREE

W/C: 13/02/2023

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p>Chilli Con Carne </p> <p>Served with Wholegrain Rice  and Spiced Sweetcorn</p>	<p>Vegetarian Chilli  </p> <p>Served with Wholegrain Rice </p>
TUE	<p>Mandarin BBQ Style Pork</p> <p>Served with Stir Fried Vegetables and Peas</p>	<p>Chickpea and Tomato Masala  </p> <p>Served with Wholegrain Rice </p>
WED	<p>Mince Steak Pie</p> <p>Served with Mashed Potato, Broccoli, Sweetcorn and Gravy</p>	<p>Crispy Topped Veggie Pie </p> <p>Served with Mashed Potato, Broccoli, Sweetcorn and Gravy</p>
THUR	<p>Buffalo Chicken</p> <p>Served with Lime Ranch Dressing, Herb Diced Potatoes, Cornslaw and Sweetcorn</p>	<p>Vegetarian Incredible Burger  </p> <p>Served with Herb Diced Potatoes, Cornslaw and Sweetcorn</p>
FRI	<p>Southern Fried Chicken Goujons</p> <p>Served with Chips, Peas and Baked Beans</p>	<p>New Yorker Quorn Dog </p> <p>Served with Chips, Peas, Baked Beans and Mixed Side Salad</p>

## AVAILABLE Daily

### FOOD ON THE MOVE

#### HOT

Love Joes Burritos and Wraps  
Freshly Baked Pizza  
Pasta and Sauces  
Topped Jacket Potatoes

#### COLD

A healthy selection of  
Fresh Salads, Fresh Sandwiches,  
Baguettes and Wraps



# THIS WEEK'S Eats.

WEEK ONE

W/C: 20/02/2023

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p><b>Siracha Glazed Chicken Burger</b> Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw</p>	<p><b>Vegetarian Devil's Kitchen Burger</b> 🍷🌱 Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw</p>
TUE	<p><b>West African Chicken Rice</b> 🍷 Served with Mixed Side Salad</p>	<p><b>Cauliflower Mac 'n' Cheese</b> 🌱 Served with Garlic and Herb Bread</p>
WED	<p><b>Beef Lasagne</b> Served with Stromboli Pizza Bread 🍷 and Mixed Side Salad</p>	<p><b>Vegetarian Cottage Pie</b> 🍷🌱 Served with Peas</p>
THUR	<p><b>Sloppy Joe Burger</b> Served with Baked Garlic and Herb Wedges</p>	<p><b>Yellow Vegetable Curry</b> 🍷🌱 Served with Wholegrain Rice and Sweetcorn 🌾</p>
FRI	<p><b>Southern Fried Chicken Goujons</b> Served with Chips, Baked Beans and Peas</p>	<p><b>Vegan Sausage Roll</b> 🌱 Served with Chips, Baked Beans and Peas</p>

## AVAILABLE Daily

### FOOD ON THE MOVE

#### HOT

Love Joes Burritos and Wraps  
Freshly Baked Pizza  
Pasta and Sauces  
Topped Jacket Potatoes

#### COLD

A healthy selection of  
Fresh Salads, Fresh Sandwiches,  
Baguettes and Wraps



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# THIS WEEK'S Eats.

WEEK TWO

W/C: 27/02/2023

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p><b>Pork Sausages</b></p> <p>Served with Mashed Potato, Sweetcorn, Peas and Gravy</p>	<p><b>Vegetarian Devil's Kitchen Sausage</b> 🍷 🌱</p> <p>Served with Mashed Potato, Sweetcorn, Peas and Gravy</p>
TUE	<p><b>Chicken Katsu</b></p> <p>Served with Wholegrain Rice and Peas 🌾</p>	<p><b>Vegetable Chow Mein</b> 🍷 🌱</p>
WED	<p><b>Roast Chicken</b> 🍷</p> <p>Served with Mashed Potato, Yorkshire Pudding, Carrots, Cabbage and Gravy</p>	<p><b>Vegetable Pastry Roll</b> 🌱</p> <p>Served with Mashed Potato, Yorkshire Pudding, Carrots, Cabbage and Gravy</p>
THUR	<p><b>Pulled Mexican Chicken and Crushed Taco</b> 🍷</p> <p>Served with Wholegrain Rice and Mixed Side Salad 🌾</p>	<p><b>Vegetarian Bolognese</b> 🍷 🌱</p> <p>Served with Mixed Side Salad</p>
FRI	<p><b>Southern Fried Chicken Goujons</b></p> <p>Served with Chips, Peas and Baked Beans</p>	<p><b>Vegetarian Hot Dog</b> 🌱</p> <p>Served with Chips, Peas and Baked Beans</p>

AVAILABLE Daily
<b>FOOD ON THE MOVE</b>
<b>HOT</b>
<p>Love Joes Burritos and Wraps</p> <p>Freshly Baked Pizza</p> <p>Pasta and Sauces</p> <p>Topped Jacket Potatoes</p>
<b>COLD</b>
<p>A healthy selection of</p> <p>Fresh Salads, Fresh Sandwiches, Baguettes and Wraps</p>















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# THIS WEEK'S Eats.

WEEK THREE

W/C: 06/03/2023

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p>Chilli Con Carne </p> <p>Served with Wholegrain Rice  and Spiced Sweetcorn</p>	<p>Vegetarian Chilli  </p> <p>Served with Wholegrain Rice </p>
TUE	<p>Mandarin BBQ Style Pork</p> <p>Served with Stir Fried Vegetables and Peas</p>	<p>Chickpea and Tomato Masala  </p> <p>Served with Wholegrain Rice </p>
WED	<p>Mince Steak Pie</p> <p>Served with Mashed Potato, Broccoli, Sweetcorn and Gravy</p>	<p>Crispy Topped Veggie Pie </p> <p>Served with Mashed Potato, Broccoli, Sweetcorn and Gravy</p>
THUR	<p>Buffalo Chicken</p> <p>Served with Lime Ranch Dressing, Herb Diced Potatoes, Cornslaw and Sweetcorn</p>	<p>Vegetarian Incredible Burger  </p> <p>Served with Herb Diced Potatoes, Cornslaw and Sweetcorn</p>
FRI	<p>Southern Fried Chicken Goujons</p> <p>Served with Chips, Peas and Baked Beans</p>	<p>New Yorker Quorn Dog </p> <p>Served with Chips, Peas, Baked Beans and Mixed Side Salad</p>

## AVAILABLE Daily

### FOOD ON THE MOVE

#### HOT

Love Joes Burritos and Wraps  
Freshly Baked Pizza  
Pasta and Sauces  
Topped Jacket Potatoes

#### COLD

A healthy selection of  
Fresh Salads, Fresh Sandwiches,  
Baguettes and Wraps





# THIS WEEK'S Eats.

WEEK ONE

W/C: 13/03/2023

FOOD UNION

	CHOICE One	CHOICE Two
MON	<p><b>Siracha Glazed Chicken Burger</b> Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw</p>	<p><b>Vegetarian Devil's Kitchen Burger</b> 🍷🌱 Served with Chipotle Potato Wedges, Sweetcorn and Coleslaw</p>
TUE	<p><b>West African Chicken Rice</b> 🍷 Served with Mixed Side Salad</p>	<p><b>Cauliflower Mac 'n' Cheese</b> 🌱 Served with Garlic and Herb Bread</p>
WED	<p><b>Beef Lasagne</b> Served with Stromboli Pizza Bread 🍷 and Mixed Side Salad</p>	<p><b>Vegetarian Cottage Pie</b> 🍷🌱 Served with Peas</p>
THUR	<p><b>Sloppy Joe Burger</b> Served with Baked Garlic and Herb Wedges</p>	<p><b>Yellow Vegetable Curry</b> 🍷🌱 Served with Wholegrain Rice and Sweetcorn 🍷</p>
FRI	<p><b>Southern Fried Chicken Goujons</b> Served with Chips, Baked Beans and Peas</p>	<p><b>Vegan Sausage Roll</b> 🌱 Served with Chips, Baked Beans and Peas</p>

AVAILABLE Daily
<b>FOOD ON THE MOVE</b>
<b>HOT</b>
<p>Love Joes Burritos and Wraps Freshly Baked Pizza Pasta and Sauces Topped Jacket Potatoes</p>
<b>COLD</b>
<p>A healthy selection of Fresh Salads, Fresh Sandwiches, Baguettes and Wraps</p>



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