

Being a parent
is such a tough job...

We've all said it,

But who's
listening?

We are!

'Living with Teenagers' 6-week digital zoom programme.



families are at the heart of us •

A **Living with Teenagers** group is a safe, friendly and relaxed course for parents experiencing behaviour and communication difficulties with their teenagers. The group aims to recognise that you are the real experts on your own teenager, whilst giving you the opportunity to share your experiences with other parents. We aim to support you in developing your skills in coping with, and managing your teenager's behaviour.

Contact Henry Charles : 07743 321319

Stay in-touch
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facebook.com/funandfamilies
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Your free local group for parents and carers
in Leicester, Leicestershire & Rutland.

Venue : Via Zoom.

Time : 6:30pm - 7.45pm

Dates :

1. Thursday 5th August 2021
2. Thursday 12th August 2021
3. Thursday 19th August 2021
4. Thursday 26th August 2021
5. Thursday 2nd September 2021
6. Thursday 9th September 2021